Peru Sacred Valley and Machu Picchu  August 3rd-Aug. 12th 2016

Join me on a journey to powerful lands and the awakened mountains of Peru. Where flora and fauna are abound.

10 Magical... Powerful... Blissful... Life Changing Days including Machu Picchu, Cusco, Andean Apus, Saqsayhuaman, the Sacred Valley of the Inca Masters, Ollantaytambo, Moray, Salineras, Chincheros village and site, Agua Calientes, Pisac sacred site & Indian market.

Day 1 Aug. 3rd: Travel over night from your home to Lima.

Day 2 Aug. 4th: Morning flight from Lima to arrive early afternoon in Cusco, the capital of the Inca Empire. After a short city site seeing tour, we travel one hour to the Sacred Valley of the Inca. The drive is filled with breathe taking views and sleepy villages. The Lower elevation of the valley is ideal for acclimation to altitude. Our hotel, Paz y Luz means Peace and Light and is located in Pisac. (The Temple of the visionary) We will settle in and gather for a group orientation late afternoon. (L)(D)

Day 3 Aug. 5th: After breakfast we will meet with a Pacqo (Caregiver of the Land) and emerge ourselves in the ancient traditions, create ceremony, and make a special offering for Pachama (Mother Earth) The afternoon is open for you to explore. (B)(L)(D)

Day 4 Aug. 6th: We will depart after breakfast. Travel to the Amaru Community. We will walk to beautiful lagoons and high landscapes connecting with the land. A wonderful place for yoga and meditation. We will continue on with a unique opportunity to be submerged in the everyday life of a small community. They will share daily activities of their traditions, life style, customs and handmade works. Organic lunch is provided. (B) (L) (D)

Day 5 Aug. 7th: We will depart after breakfast to Moray. A site to behold, the concentric terraces ascending into the mythic belly of the Mother (pachamama). They are fascinating and impressive with the unique vortexes of energies. Then to the Salt mines of Salineras. The salt pans have been used for salt extraction since Incan times. After lunch we will travel to Chinchero. This village is known as the “birthplace of the rainbow” to the Inca. We will spend time in meditation and enjoy the weavings of the Chinchero peoples. (B)(L)(D)

Day 6 Aug. 8th: We will depart after breakfast to visit Sacsahuaman, this immense ruin and most impressive in the Cusco area speaks volumes. The name in Quechua is “satisfied falcon” and connects us to the Temple of the Moon and Tambomachay (the temple of the water) a wonderful ceremonial bath, channeling crystalline spring water through fountains that still flow today. (B)(L)(D)

Day 7 Aug. 9th: A day of reflection and relaxing or walk into the town of Pisac. There is a ceremonial site with well-preserved temples along with Inca tombs. There is a large market place and many shops and restaurants. That evening we pack and say good-by to the beautiful Paz y Luz, for in the AM we are off to Aguas Calientes and Machu Picchu. (B)(D)
Day 8 Aug. 10th: We will depart early to Ollantaytambo which is dominated by a massive Inca fortress. (The temple of the wind) and catch the train to Aguas Calientes, also known as Machu Picchu Pueblo. We will settle into our hotel then explore the town, visit the hot springs, or shop at the market place. (B)(L)(D)

Day 9 Aug. 11th: After an early morning breakfast we will take the bus to Machu Picchu and catch the sunrise as we ascend the sacred dwellings. We will have a guided tour to some of the most important sites. You will have free time to appreciate the magnificence of this magical place, and you can choose to hike to the sun gate where the views are amazing or explore further in the city. We will meet at the train station to travel to Ollantaytambo to meet our bus and go to the Airport. (B)(D)

Day 10 Aug. 12th: Arrive home

B = Breakfast, L = Lunch, D = Dinner.

*Itinerary subject to change at the discretion of tour providers and Spirit*

INCLUSIONS:

• Transportation throughout said itinerary by private motor coach.
• All Hotel accommodations based on double or triple occupancy.
• Meals as detailed in itinerary.
• All entrance fees to archeological sites as outlined in program.
• Activities including talks and ceremonies
• Services of LandSpirits, Parwa Adventures tour leader and staff.
• Local and return flight reconfirmation, airport check-in, luggage assistance.

EXCLUSIONS:

• Meals not specified in the detailed itinerary of the tour.
• US domestic, International or flights within Peru.
• Airport departure taxes within Peru.
• Transfers for independent arrival or departure.
• Optional gratuities.
• Additional hotel nights made necessary by airline schedule changes or other factors.
• Traveler's insurance.
• Cost of medical immunizations (if any).
• Items of a personal nature (liquor, laundry, toiletries, phone calls, etc.)